

A Better Story

FCCNH 2022 ELDER MEDITATIONS

10 DECEMBER 2022

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When we chose the theme "A Better Story" for our Advent Meditations, I thought of this poem that my son Jack showed me. When you read the first version of the poem, it's very sad and negative. But when you read it backwards, everything changes!

WORST DAY EVER?

by Chanie Gorkin

Today was the absolute worst day ever
And don't try to convince me that
There's something good in every day
Because, when you take a closer look,
This world is a pretty evil place.

Even if

Some goodness does shine through once in a while
Satisfaction and happiness don't last.

And it's not true that
It's all in the mind and heart
Because

True happiness can be attained
Only if one's surroundings are good

It's not true that good exists
I'm sure you can agree that

The reality
Creates

My attitude

It's all beyond my control

And you'll never in a million years hear me say
Today was a very good day

Now, here's the poem with the lines reversed in order:

Today was a very good day
And you'll never in a million years hear me say
It's all beyond my control

My attitude

Creates

The reality

I'm sure you can agree that

It's not true that good exists

Only if one's surroundings are good

True happiness can be attained

Because

It's all in the mind and heart

And it's not true that

Satisfaction and happiness don't last.

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This world is a pretty evil place.

Because, when you take a closer look,

There's something good in every day

And don't try to convince me that

Today was the absolute worst day ever

This poem took a bad day and turned it into a good day just by looking at it in a different way. It made it a better story!

We can make our days better by turning around and looking at things with a different perspective. God wants us to have great days, and to help others have great days too!