



# *A Better Story*

## FCCNH 2022 ELDER MEDITATIONS

1 DECEMBER 2022

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Rodney Gould

Dear God, let this Christmas be different. Remind me to slow down and really feel the season. I know, I know, I have prayed for this in other years, and it didn't happen. But it certainly wasn't your fault. I annually race from event to event and then wonder what happened to my yuletide.

God, I know you remember my childhood when we went caroling door to door, and it was fun and meaningful. People smiled through steamed-up plexiglass screen doors because it was so cold outside. We had a blast and we brought cheer. I know I am still the same person, but I have let "my life" get in the way of my joy.

God, help me back to the center, bring me to a place where I will know and feel the true wonder and heart of Christmas. Bring me to the peace and joy that happened so long ago in Bethlehem.

And God, if I get back to the center, where you want me to be, help me share the feeling with others, even if I live in a place where we don't change out screen doors in the fall.